

Washington State Parkinson Support Groups

APDA serves as a clearinghouse for PD Support Groups. If you know of one not listed, listed in error or would like to see one created, please tell the Information and Referral Center via contacts on page 2. For Support Groups in Oregon, Alaska and Hawaii, also contact the I&R Center.

Many support groups take a break during the summer months. Before visiting a support group, please contact the group leader to confirm schedule and location.

Idaho

Coeur D'Alene

Lake City Senior Center
Contact: Karen Goodson 208.689.3109
1st Friday of the month 1:00PM

Washington

Anacortes

Island Hospital
Contact: Jerry Ramsey 360.293.2185
3rd Thursday of the month 1:00PM

Auburn

Wesley Homes
Contact: Geri Montoya 253.876.6014
1st Friday of the month 10:00AM

Bainbridge

PD Young at H.E.A.R.T Group
Contact: Steve Bohannon 206.842.0226
sbohann@msn.com
1st Mon of the month 1:00PM

*Bellevue

Young Onset -- Bellevue Senior Center
Contact: Carin Mack 206.230.0166
socialwkr@earthlink.net
1st Wed of the month 7:00PM

Bellingham

Parkway Chateau
Contact: Debra Ivanovich 360.724.3382
2nd Monday of the month 2:00PM

*Bothell

North Shore Senior Center
Contact: Susy Favaro 425.486.4564
suzyf@seniorservices.org
2nd Tues of the month 10:00 AM

Bremerton

Harrison Rehabilitation Services,
Canterbury Manor
Contact: David Hull 360.895.6220
1st Tues of the month 1:30PM

Chehalis

Dayspring Baptist Church
Contact: Gwen Moor 360.858.1206
happygp@juno.com

Des Moines

Wesley Homes
Contact: Rita Lambert 206.870.1302
rlambert@wesleyhomes.org
4th Tues of the month 10:30AM

Edmonds

South County Senior Center
Contact: Kathy McNutly 425.774.5555
njbeeler@comcast.net
2nd Wed of the month 1:00PM

Everett

Rainer Room, Colby Campus,
Providence General Hospital
Contact: Karen Painter 425.327.9401
KPainter62@aol.com
4th Sat of the month 2:00PM

Gig Harbor

Rosedale Fire Station
Contact: Doug Manuel 253.858.8741
2nd Tuesday 7:00PM

*Issaquah

Our Savior Lutheran Church
Contact: Carin Mack 206.230.0166
socialwkr@earthlink.net
2nd Monday of the month 1:30PM

Lakewood

St Mary's Episcopal Church
Contact: Doris Gilmore-Sherwood
253.582.8421
dbgilmore1212@aol.com
2nd Tues of the month 1:00PM

Langley

Contact: Carolyn Hansen
360.279.1785
2nd Tuesday @ 10:00
Bay View Senior Center

Longview

Canterbury Inn, 3rd and Hudson
Contact: Barbara Sudar 360.423.7012
bnbsudar@msn.com
3rd Wed of the month 1:30PM

Kirkland Caregiver Support Group

Tan 138 at Evergreen Hospital
4th Monday of the month 12:30 - 2pm

Mercer Island

Community Center at Mercer View
Contact: Carin Mack 206.230.0166
socialwkr@earthlink.net
1st & 3rd Tues of the month 2:00PM

*Mercer Island

PD Partners -- Community Center at Mercer View
Contact: Carin Mack 206.230.0166
socialwkr@earthlink.net
2nd Thurs of the month 1:30 PM

*Mercer Island

Adult Children of Parents with PD --
Community Center at Mercer View
Contact: Carin Mack 206.230.0166
socialwkr@earthlink.net
3rd Mon of the month 7:00PM

North Seattle/Shoreline

Shoreline Senior Center
Contact: Scott Tieson 206.268.6761
SCOTTTH@SENIORSERVICES.ORG
4th Tues of the month 11:15AM

Oak Harbor

North Whidbey Fire Station
Contact: Carolyn Hansen 360.279.1785
1st Friday of the month 1:00PM

Olympia

Westwoods Assisted Living
Contact: Karen Williams 360.956.3396
kwilliams@alcco.com
3rd Tues of the month 11:00AM

Port Angeles/Sequim

Port Angeles Senior Center
Contact: Jan Yates 360.457.9746
4th Wednesday of the month 10:30 AM

Port Townsend

Jefferson Healthcare/Telehealth
Contact: Mark Cherniack 360.385.2200
mcherniak@jgc.org
3rd Mon of the month 2:00PM

Puyallup

United Methodist Church
Contact: Shannon Tait 253.697.8533
shannon.tait@goodsamhealth.org
3rd Thurs of the month 1:30PM

Puyallup

Caregivers Support Group (Not Only PD)
Good Sam Community Services
Contact: Kathy McCormick 253.697.8400
2nd Monday of the month 1:30PM

Puyallup -- Young Onset

Bethany Baptist
Contact: Jeff Magin 253.445.7399
2nd Tuesday of the month 7:00PM

Redmond

Emerald Heights
Contact: John Waltner 425.556.8100
3rd Thursday at 1:30pm

Renton

Merrill Gardens at Renton Centre
Contact: Barbara Shull 425-235-6400
3rd Wed of the month 1:30PM

Richland

Neurological Research Center
Contact: Heidi Hill 509.943.8455
hillh@kadlecmed.org
2nd Thurs of the month 1:30 PM

*Seattle

Seattle PD Partners --
Greenwood Senior Center
Contact: Carin Mack 206.230.0166
socialwkr@earthlink.net
2nd Tues of the month 1:00PM

Seattle

Well Spouse -- Greenwood Senior Center
Contact: Carin Mack 206.230.0166
socialwkr@earthlink.net
1st Mon of the month 4:00PM

Seattle

Young Onset -- meets in members homes
Contact: Suzanne Cameron 206.286.8149
2nd Tues of the month 7:00PM

Seattle First Hill

Virginia Mason Medical Center
Contact: Laurel Beck
206.652-7373 x64553
laurel.beck@vmc.org
Begins April 1st (1st Tuesday 1:30PM)

Spokane

St. Lukes Rehab Institute
Contact: E'lise Balogh 509.483.6740
3rd Mon of the month 2:00PM

Spokane (Dystonia)

St. Lukes Rehab Institute
Contact: Denise Gibson 509.891.9131
denise@designden.com
2nd Sat of the month 1:00PM

Spokane (Women's)

Location changes -- contact group leader
Contact: Julie Willis 509.467.2240
1st Thurs of the month 1:00 PM

Tacoma

Tacoma Lutheran Home
Contact: Sharon Jung 253.284.4488
3rd Friday of the month 11:30AM

Vancouver

Legacy Salmon Creek
Contact: Lynda Forbes-Cramer
360.546.1763
lfcramer@comcast.net
3rd Sat of the month 1:00PM

Vancouver

Locations and time varies
Contact: Jeanne 360.892.0686

Vashon Island

Contact: Kate Lanigan 206.463.3140

Walla Walla

Congregational Church
Contact: Darlene Lambert 509.382.4012
4th Sat of the month 6:00PM

Washington Peninsula

Ocean Park Lutheran Church
Contact: Patti Pellerin 360.665.3284
4th Fri of the month 1:30PM

West Seattle

Admiral Congregational UCC
Contact: Katie Stokely 206.933.5931
3rd Thurs of the month 1:30PM

Yakima

Park Meadows
Contact: Jaci Rice 509.248.9963
2nd Thurs of the month 2:00PM

Parkinson's Communication Group

1:00 - 2:30pm \$5 per session
1st Wednesday of each month
Hosted by Speech Pathologist Shirley Glazer, MS, CCC
Call 425.899.3000 to register

PD Partners

Parkinson disease is a complex disorder that impacts the whole family. PD Partners support groups are open to spouses and significant others supporting a loved one with PD. Share concerns, learn more about PD, find out about resources and network with other PD partners.
Call Carin Mack, MSW for more information
206-230-0166
socialwkr@earthlink.net